

CAPITAL DISTRICT AREA NUTRITIONIST

Albany Bariatrics and Nutrition

25 Hacket Blvd.
Albany, NY 12208
(518) 262-0942

Nutrition Consortium of NY State

235 Lark St.
Albany, NY 12210
(518) 436-8757

Anne Derocher , CN

3441 Amsterdam Road
Glenville, NY 12302
(518) 372-4706

Susan Brown, CN

3441 Amsterdam Road
Glenville, NY 12302
(518) 372-4706

Seton Health Nutritional Counseling

1300 Massachusetts Ave
Troy, NY 12180
(518)-268-5518

Lora Hyde, BS, RD, CDN

Bellevue Woman's Hospital
2210 Troy Rd
Niskayuna, NY 12309-4725
(518)346-9442

SPARC Guilderland

Classes taught by Cindy Atwell

Nutrition class Monday – Lesson 1: Food and mood (avoiding caffeine and refined sugar); Lesson 2: Label reading and General Healthy Eating; Lesson 3: Making Healthy Food Choices and Food Security; Lesson 4:

Nutrition and Jeopardy Questions

Individual consults Mondays & Wednesdays

3 Mercy Care Lane
Guilderland, NY 12084
(518) 452-6700

Nutrition Services at Ellis Hospital

1101 Nott Street
Schenectady, NY 12308
(518)-243-3333

Nan Ransom, RD

4988 State Highway 30
Amsterdam, NY 12010
(518)-841-3717

Liz Westinghouse, RD

21 Reade Place, Suite 2400
Poughkeepsie, NY 12601
(845)-214-1300

Virginia Cambalik, RD

45 Reade Place
Poughkeepsie, NY 12601
(845) 431-5647

Ilyse Simon, RD, CDN

231 Clinton Avenue
Kingston, NY 12401
(845) 331-6381

Roufia Payman, RD

6511 Springbrook Ave
Rhinebeck, NY 12572
(845) 871-3600

Andrea Lynn Chowske, RD

100 Park Street
Glens Falls, NY 12801
(518) 926-1000

Saratoga Family Health Center

Judith Carr, RD
119 Lawrence Street
Saratoga Springs, NY 12866
(518) 584-7361